

**MY EMERGENCY ACTION PLAN**

PROBLEM & SIGNS	NEEDED ACTION	WHAT SHOULD BE SEEN
1.		
2.		
3.		
4.		
5.		

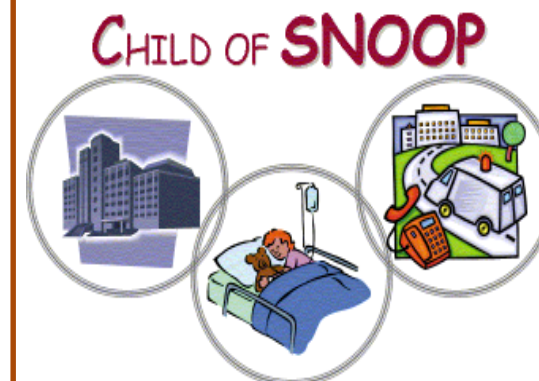
**SIGNATURES**

Physician/Provider Signature: \_\_\_\_\_  
 Print Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_  
 Print Name: \_\_\_\_\_

**COMPLETION & REVISION STATUS**

Completion Date: \_\_\_\_\_ Revised & Initials: \_\_\_\_\_ Revised & Initials: \_\_\_\_\_



**S-I-M-P-L-E FORM**

**Special Information for Medical Providers Legend in Emergency**



Name: \_\_\_\_\_ Nickname: \_\_\_\_\_ D-O-B: \_\_\_\_\_

**LANGUAGE(S)**

Primary: \_\_\_\_\_ Secondary: \_\_\_\_\_ Tertiary: \_\_\_\_\_

Responsible Caregiver: \_\_\_\_\_

**ADDRESSES**

Physical: \_\_\_\_\_

Mailing: \_\_\_\_\_

**PHONES**

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cellular: \_\_\_\_\_

**OTHER SUPPORTERS TO CONTACT**

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

3. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**PHYSICIANS**

Primary Physician: \_\_\_\_\_

Office: \_\_\_\_\_ Fax: \_\_\_\_\_ Other: \_\_\_\_\_

Specialty Physician: \_\_\_\_\_ Specialty: \_\_\_\_\_

Office: \_\_\_\_\_ Fax: \_\_\_\_\_ Other: \_\_\_\_\_

Specialty Physician: \_\_\_\_\_ Specialty: \_\_\_\_\_

Office: \_\_\_\_\_ Fax: \_\_\_\_\_ Other: \_\_\_\_\_

**PHARMACY(S)**

Regular Pharmacy: \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

24-hour Pharmacy: \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**MEDICAL CARE FACILITIES**

Primary ED: \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Tertiary Care ED: \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Tertiary Care Center: \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**HOW I NORMALLY APPEAR**

**VITAL SIGNS**

Heart Rate: \_\_\_\_\_ Breathing Rate: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Temperature: \_\_\_\_\_ Oxygen Saturation: \_\_\_\_\_ Other: \_\_\_\_\_

**HOW I LOOK and ACT**

Describe your child's typical color, physical differences, activity level, movement capabilities, awareness to surroundings, and responsiveness to others under their normal conditions.

**TECHNOLOGY DEVICES I USE**

Type: \_\_\_\_\_ Supplier: \_\_\_\_\_

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Type: \_\_\_\_\_ Supplier: \_\_\_\_\_

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Type: \_\_\_\_\_ Supplier: \_\_\_\_\_

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Type: \_\_\_\_\_ Supplier: \_\_\_\_\_

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**THINGS THAT ARE BAD FOR ME**

**KNOWN ALLERGIES**

**THINGS TO AVOID**

Describe everything that should be avoided by your child, such as foods, medications, procedures, etc and why.

**MY IMMUNIZATION HISTORY**

DPT:					
OPV:					
MMR:					
HIB:					
Other:					

Hep A:					
Hep B:					
Varicella:					
TB-Status:					
Other:					

**MY DIAGNOSES, MEDICATIONS I TAKE, AND WHY**

1. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

2. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

3. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

4. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

5. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

6. \_\_\_\_\_ Medications: \_\_\_\_\_

Synopsis: \_\_\_\_\_

**MY NORMAL DIAGNOSTIC WORK  
LAB / RADIOLOGY / ECG / EEG / EMG / ETC.**

**MY LOCAL EMS FRIENDS**

Agency: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Other Information: \_\_\_\_\_