Connecting to Resources and Campus

HSC Student Affairs | HSC - OKC
University of Oklahoma Health Sciences Center
Serving Students

In an effort to stay connected with students online and continue providing resources to all on and off campus, many areas of HSC Student Affairs have been expanded to include students both near and far.
What we know about students and faculty interactions at OUSHC from the 2019 Student Satisfaction Survey:

“Overall, I feel the OUHSC faculty treat students with respect & fairness.”

45% moderately agree
42% strongly agree

“There are faculty members on campus to whom I feel comfortable turning to if I need support as a student.”

39% moderately agree
47% strongly agree

81% of students who experienced a “stressful event” in the last year (ex: death of someone, relationship status change, birth of a child) felt supported by faculty and staff.”

“It’s really helpful when a professor makes it clear that they care about students doing well.”
Student Counseling Services

- HSC Student Counseling is available Monday - Friday with flexible hours occurring in the morning and early evening.

- *Appointments must be scheduled in advance* by calling 405-271-7336 or by emailing counselors@ouhsc.edu. Appointments by phone or virtual engagement are available.

- Student Counseling can increase your coping and life management skills - saving you other blocks of time in your day.

- For information on how to make an appointment, what resources are available and more, visit the HSC Student Counseling [website](#).
Physical/Recreation

- E-Sports: IMLeagues is available for online intramural sports. Even though we are unable to engage on a court or field in person, check out online e-sport options.

- Both Norman and HSC are hosting live wellness activities through the semester including yoga, total body workouts, and more.

- While University Health Club locations are temporarily closed, that does not mean you have to limit your physical wellness. Head to the OUHSC University Health Club webpage for information on the WellBeats smartphone application and how to utilize it for remote workouts.

Tip:
Social distancing does not mean social isolation. Head out for a walk and sunshine.
Online Resources

- **COVID-19 Updates:** [One-Stop Website](#)

- **Academic Technology** – As a portion of students move online, please email the Academic Technology Office at [web-courses@ouhsc.edu](mailto:web-courses@ouhsc.edu) for your technology needs. Don’t forget “Get Help” at [Learn Anywhere](#). Please reach out to your instructor first with questions.

- **Bird Library Services** – While the building is restricted to essential employees, the library is equipped to assist students via phone, email and with online resources. Utilize the "Ask a Librarian" form or call (405) 271-2285.

- **HSC Writing Center** is still available for cover letter assistance, grammar checks and more. Head to their site to make your virtual or email appointments.

Still looking for resources:
Email [students@ouhc.edu](mailto:students@ouhc.edu)
HSC Student Union

- Regular operating hours are from 8 AM - 5 PM.
- Students have access to the building 24/7 with their student ID.
- Beaker’s Cafe, located on the first floor, will have limited operations during the business day between 7 AM - 3 PM including:
  - Grab-and-Go Items: salads, sandwiches, and daily “hot” items.
  - Coffee will be available from the cafe while the coffee shop is temporarily pausing services.

Remember:
If you have yet to update your student ID, visit OUHSC OneCard Office for information on how you can.
Other Campus Resources

Offices & departments around campus are still available to you:

➔ Student Financial Aid
   (405) 271-2118, financial-aid@ouhsc.edu

➔ Bursar’s Office
   (405) 271-2433, OUHSCbursar@ouhsc.edu

➔ Office of Diversity, Equity, & Inclusion
   (405) 271-3044, diversityandinclusion.ouhsc.edu

➔ Student & Employee Health Clinic
   (405) 271-2577, student.ouhsc.edu/Health-Clinic
Connect with HSC Student Affairs

HSC Student Union, Suite 300

Phone | (405) 271-2416

Email | students@ouhsc.edu

Social Media | Instagram, Facebook, & Twitter